



R & R

Rough & Ready



JANUARY 2011

TESTING, TESTING!

BEAR Robot To The Rescue



BEAR is an all-terrain, search-and-rescue humanoid robot that can lift and carry up to 500 pounds, yet can grasp fragile objects without damaging them (Image: TATRC)

"The US Army is currently testing a robot designed to locate, lift, and carry wounded soldiers out of harm's way without risking additional lives. With feedback from its on-board sensors and cameras, the Battlefield Extraction-Assist Robot (BEAR) can be remotely controlled through the use of a special M-4 rifle grip controller or by hand gestures using an AnthroTronix iGlove motion glove.

This equipment would allow a soldier to direct BEAR to a wounded soldier and transport them to safety where they can be assessed by a combat medic. Go here to learn more: www.gizmag.com/

US Army Considers a Smartphone For Every Soldier

(from the can-you-hear-me-now dept.)

The US Army is seriously considering the idea of issuing a smartphone to every soldier, and they're already modernizing one Texas brigade through a range of electronic devices that will include not just smartphones but tablet devices, e-reader and mini-projectors.'

The company that developed Patriot missiles has already created several dedicated military apps for both iPhone and Android phones, including one that allows soldiers to track colleague's locations on the battlefield.

Interestingly, the army is likely to use an off-the-shelf model, heightening the war between Apple and Android phones. Apple's non-replaceable batteries may become an issue in the field, since 'plugging the phone in to recharge isn't always a viable option in the middle of combat.'" [Well, DUH! You think!?] [~ www slashdot.org](http://www slashdot.org)

ON THE HOMEFRONT

'Tis the season for Pumpkin Pie

We recently came across this news item from one of our favorite sources (www slashdot.org):

"Pumpkin Pie increases Male Sex Drive... from the we're-going-to-need-more-whipped-cream dept. (Science)."

Dr. Alan Hirsch, Director of Chicago's Smell and Taste Treatment and Research Center, says, "The key to a man's heart, and other parts, is pumpkin pie." Out of the 40 odors tested in Hirsch's study, a mixture of lavender and pumpkin pie got the biggest rise out of men ages 18 to 64... 40%.



Pumpkin pie was the *single* strongest stimulant. Pumpkin seeds are very rich in zinc... resulting in an increase in testosterone that also increases the sexual desire.

Other findings in the study:

- Older men showed a strong response to vanilla.
- Men with the most satisfying sex lives responded strongly to strawberry.
- Every odor tested aroused the participants. The aroma of cranberry offered the smallest reaction... only 2%.
- The good news: "Nothing turns a man off."

We have one question: Who exactly volunteers for these studies?

In the meantime, we say: Feed the troops more pumpkin pie! Isn't it also a scientific fact that sexual desire is a prelude to what could be called an act of aggression; therefore, we could boast: ENEMIES, BEWARE! DON'T MESS WITH OUR TROOPS!!! THEY ARE READY, WILLING, ABLE, PUMPKIN-FED, AND TRAINED IN AGGRESSIVE BEHAVIOR!

~ The Editor

Want to discuss this story: <http://science slashdot.org/comments.pl?sid=10/11/23/1523245&from=newsletter>

Here's an idea:

Serve pumpkin seeds with the Buffalo wings on Game Day



Sweet and Spicy Pumpkin Seeds

Ingredients:

- * 2 egg whites
- ** 1/2 cup sugar
- ** 1 teaspoon cayenne pepper
- ** 1 teaspoon cinnamon
- * 1 teaspoon salt
- * 2 cups fresh pumpkin seeds

Yields: Makes 2 cups

Preparation:

Preheat oven to 375°F. Line a baking sheet with parchment paper.

In a medium-sized bowl, whisk together egg whites, sugar, cayenne, cinnamon and salt. Add the pumpkin seeds and toss to coat.

Spread seeds in a single layer across the parchment-lined baking sheet and bake for about 15 minutes. Stir them up a bit and pop them back into the oven until golden in color, about 5 minutes more. Taste and season with more salt if needed.

For variety, substitute ** items with:

- 1 Tbl. curry powder for **Curried Seeds**
- 2 tsp. smoked chipotle powder for **Smoky Chipotle Seeds**

~ Source: Rachael Ray

RECIPE FOR HUGS!

Ingredients:

- 2 people
- 4 arms
- 2 hearts
- A touch of love
- A pinch of humor
- A sprinkle of glee

Extend arms and wrap them around each other. Clear your minds, take a good look at each other, then pull yourselves together and mix well.

Serves two.

Now spread it around and have a...

HAPPY NEW YEAR!

KUDOS FOR THE BABES!

He said... She said.

He said..... I don't know why you wear a bra; you've got nothing to put in it
She said... You wear pants, don't you?

He said..... Shall we try swapping positions tonight?
She said... That's a good idea - you stand by the ironing board while I sit on the sofa and flatulate.

He said..... What have you been doing with all the grocery money I gave you?
She said... Turn sideways and look in the mirror!

He said..... Why don't you tell me when you have an orgasm?
She said... I would but you're never there.

He said..... Why don't women blink during foreplay?
She said... They don't have time.

He said..... How many men does it take to change a roll of toilet paper?
She said... We don't know; it has never happened.

He said..... What do you call a woman who knows where her husband is every night?
She said... A widow.

He said..... Why are married women heavier than single women?
She said... Single women come home, see what's in the fridge and go to bed. Married women come home, see what's in bed and go to the fridge.

~

Why men shouldn't babysit!



~

My living will

When the family got together over the holidays, I told my grown kids I never want to live in a vegetative state, dependent on some machine and fluids from a bottle. If it happens, just pull the plug.

So they got up, unplugged my computer and threw out my wine! I didn't know whether to kiss 'em or kick 'em.

~ The Editor

ON THE LIGHTER SIDE

God's Email

Did you know that one day God was looking down at earth and saw a lot of rascally behavior going on?

So He called one of His angels and sent him down to earth to study the situation.

When he returned, he told God, "Yes, it is bad on earth; 95 percent are misbehaving and only 5 percent are not."

God sent another angel who came back

with the same conclusions.

Then, God decided to email all those who were good and encourage them.

Do you know what the email said?

I was just wondering, because I didn't get one either.

~

Note: Have a funny story? Send it to: mrennbiz@gmail.com

Kicking off the New Year with the Brat Brigade!

Military brats have all the answers!

Little Johnny watched the science teacher start the experiment with the worms...

Four worms were placed into four separate jars.

The first worm was placed in a jar of alcohol.

The second worm was placed in a jar of cigarette smoke.

The third worm was placed in a jar of sperm.

The fourth worm was placed in a jar of soil.

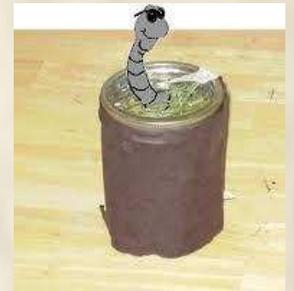
After one day these were the results:

The first worm in alcohol - dead.

The second worm in cigarette smoke - dead.

The third worm in sperm - dead.

The fourth worm in soil - alive!



So the science teacher asked the class—"What can we learn from this experiment?"

Little Johnny quickly raised his hand and said, "As long as you don't drink, smoke, and have sex, you won't have worms."

~

Another teacher asked her class, "What do you want out of life?"

A little girl in the back row raised her hand and said, "All I want out of life is four animals."

The teacher asked, "Really? And what four animals would that be, Honey?"

The little girl said, "A mink on my back, a jaguar in the garage, a tiger in the bed, and a donkey to pay for it all."

The teacher was treated at the base hospital for shock.

~

At this same hospital was Old Jim, a retired veteran, going through some tests.

There was one young nurse that just drove him crazy. Every time she came in, she would talk to him like he was a little child. She would say in a patronizing tone of voice, "And how are we doing this morning? Are we ready for a bath or are we hungry?"

Old Jim had had enough of this particular nurse. So on this day, Old Jim had breakfast, pulled the juice off the tray, and put it on his bedside stand. He had been given a urine bottle to fill for testing.

The juice was apple juice. So you know where the apple juice went! The nurse came in a little later, picked up the bottle and looked at it. "My, but it seems we're a little cloudy today."

At this, Old Jim snatched the bottle out of her hand, popped off the top and drank it down, saying, "Well, I'll run it through again. Maybe I can filter it better this time. The nurse fainted! Old Jim just smiled. The moral of this story: DON'T MESS WITH OLD VETERANS!"

Mission Statement:

Having close ties to the military most of my life, I am a big fan of the military and wish to bring them some joy and humor with a little bit of attitude. No offense is ever intended toward any particular group. I am a mother, grandmother, and mother-in-law of one of your own. Don't ask me who (I don't want him to be embarrassed by my naughtiness) and don't ask me how old I am... I'll only smile and say, "I'm somewhere between the age of consent and collapse, closer to collapse."

~ Marie Renn, Editor

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